



Stephanie Thoma

SPEAKER · EMCEE · EXECUTIVE COMMUNICATION FACILITATOR

Stephanie Thoma is a NYC-based speaker and executive communication facilitator who helps leaders and founders elevate how they show up in high-stakes conversations, build meaningful relationships, and increase visibility—without overexertion.

She has worked with organizations including General Assembly, CareerFoundry, Randstad, and Sharewell.

Author of Confident Introvert

SIGNATURE TALKS

TALK 01

Networking for Introverts

Strategic Relationship—Building Without Burnout

A practical talk for professionals who want to build meaningful connections—without forced networking or self-promotion.

PARTICIPANTS WILL LEARN

- How to navigate rooms without overthinking or performing
- A simple system for real connections, not just contacts
- How to turn conversations into opportunities

TALK 02

Calm Authority

How to Be Seen, Trusted, and Respected in Any Room

A powerful talk on executive presence—helping professionals show up with calm, confident authority in high-stakes environments.

PARTICIPANTS WILL LEARN

- How to close the gap between capability and perception
- What creates instant credibility beyond words
- How to lead conversations without overexplaining

WHAT PARTICIPANTS WALK AWAY WITH

Frameworks

Clear systems they can apply immediately

Visibility tools

Practical strategies for communication and relationships

Presence

Stronger authority in conversations and rooms

Confidence

A grounded approach to networking and leadership

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Forbes

Business Insider

Entrepreneur

Yahoo!

Thrive Global

General Assembly

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